ParentsHub
Guiding Parents and Nurturing Kids

# 10 Everyday Talk Habits

for toddlers aged 1 to 3 · Stick it on the fridge · Share with everyone who cares for your child

1. **Get down to their eye level**
   Sit on the floor. Faces are where words come from.
2. **Watch, wait, listen**
   Count silently to 5. Let your child go first.
3. **Talk about what THEY are looking at**
   Follow their lead, not your plan.
4. **Say what you are doing**
   "I'm cutting the apple. Cut, cut."
5. **Add one word**
   Child: "Ball." You: "Big ball!"
6. **Say it right, don't correct**
   Child: "Nana." You: "Yes, banana!"
7. **Give two choices**
   "Idli or dosa?" "Red cup or blue cup?"
8. **Comment more, quiz less**
   Swap "What's this?" for "That's a cow. Moo!"
9. **Pause before the last word**
   "Twinkle, twinkle, little ..." and wait.
10. **Screens off while talking**
    No phone at meals. No TV in the background.

Worried about your child's talking? Ask your paediatrician for a hearing check and a developmental screening.
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